## Recreational Games and Cup Stacking Study Guide

## Bags

- A person should always stand next to their opponent while tossing from the same board towards their target on the opposite side. When playing with a partner, you should stand so that your partner is tossing their bags from the opposite board.
- A player must alternate turns throwing bags with their opponent.
- Bags should be tossed underhanded.
- A bag may not contact the ground/floor before it touches the board.
- Any bags that do not remain on the board or in the hole at the end of the round will not be scored.
- Only one team can score per round
- Bag in the hole = 3 points
- Bag on the board = 1 point
- The team who scores the points in the previous round will toss bags first in the next round
- Cancelation/ knockout scoring is used in each round. As in the example below:

$\square$ Team has 4 points ( 1 in the hole, 1 on the board)
Team has 3 points (3 on the board)
$4-3=1$ point for the $\square$ team
$\square$ Team will toss first in the next round


## Washer Toss

- A person should always stand next to their opponent while tossing from the same end towards the target on the opposite side. When playing with a partner, you should stand so that your partner is tossing their golf balls from the opposite end.
- A player must alternate turns throwing washers with their opponent.
- A washer can bounce before landing on the target to count for points.
- Only one team can score per round.
- Washer in the center hole = 3 points
- Washer outside of the hole but in the target = 1 point
- The team who scores the points in the previous round will toss bags first in the next round
- Cancelation/ knockout scoring is used in each round. As in the example below:

- Team has 4 points ( 1 in the hole, 1 in the target but outside of the center hole)

Team has 2 points (2 in the target but outside of the center hole)

4 points -2 points $=2$ points for the

- Team will toss first in the next round


## Golf Toss

- A person should always stand next to their opponent while tossing from the same end towards the target on the opposite side. When playing with a partner, you should stand so that your partner is tossing their golf balls from the opposite end.
- A player must alternate turns throwing golf balls with their opponent.
- Golf balls should be tossed underhanded.
- Golf balls can bounce before landing on the bars to count for points.
- Only one team can score per round.
- Top bar = 3 points
- Middle bar = 2 points
- Bottom bar = 1 point
- Team who scores the points in the previous round will toss golf ball first in the next round.
- Cancelation/ knockout scoring is used in each round. As in the example below:

- Team has 5 points
$\bigcirc$ Team has 3 points
5 points -3 points $=2$ points for Team
- Team will toss first in the next round


## Cup Stacking

- A set of cups contains 12 total cups.
- When a cup falls off a stack it is called a fumble. You must go back and fix your fumble before advancing onto the next stack.
- Up stacks should be completed from one side across to the other, you may not begin up-stacking with the middle stack.
- When down stacking, you must go back to where you started with your up stack and then down stack in that same order.
- There are many different kinds of stacks: 3-3-3, 3-6-3, 6-6, 1-10-1
- The Cycle consists of 3-6-3 to 6-6 to 1-10-1.
- You must start and end the cycle with your cups in a 3-6-3 setup.
- In a 1-10-1 stack, one cup is placed facing up and one cup is placed facing down on the sides before beginning to the 10 stack.


## Cup Stacking Vocabulary

Up stack: The term used for stacking the cups "up" or building them into pyramids of 3, 6 or 10 cups.
Down stack: The term used for "un-stacking" or putting cups "down" into "nested" columns that were collapsed into a single stack.
Fumble: The term used when cups fall during the process of up stacking or down stacking. You cannot continue to build without returning to fix a cup that has fumbled.
Cycle: Completing a series of stack formations in the following sequence: 3-6-3, $6-6$, and 1-10-1.

