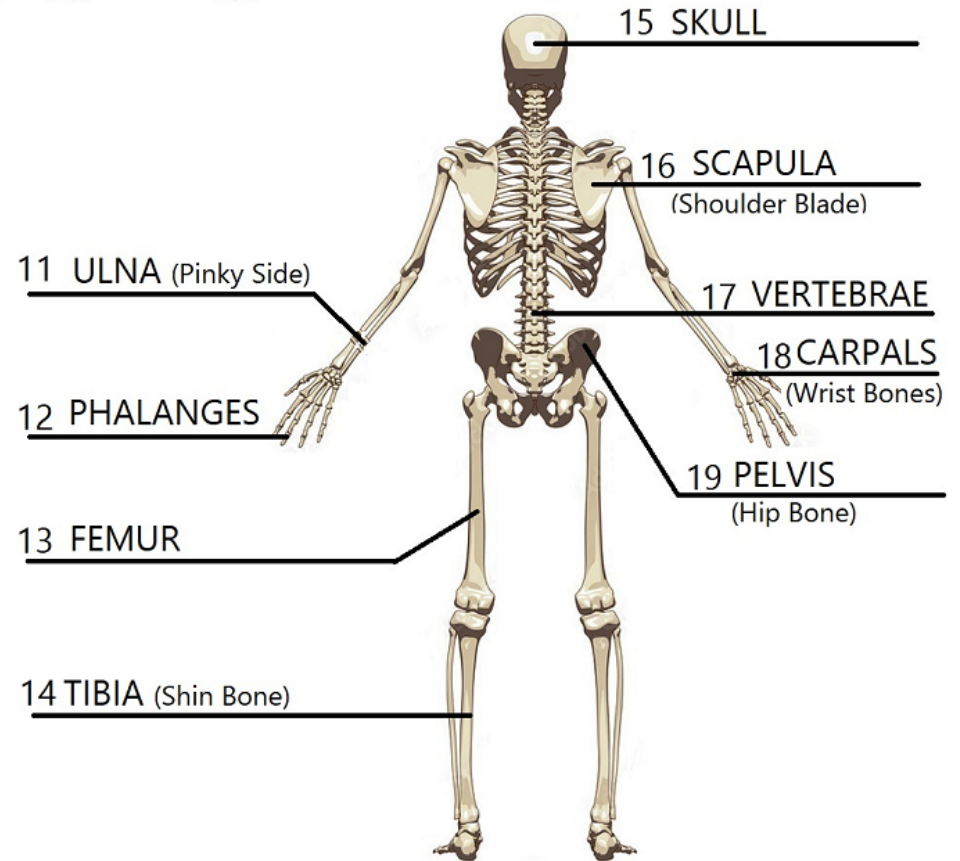
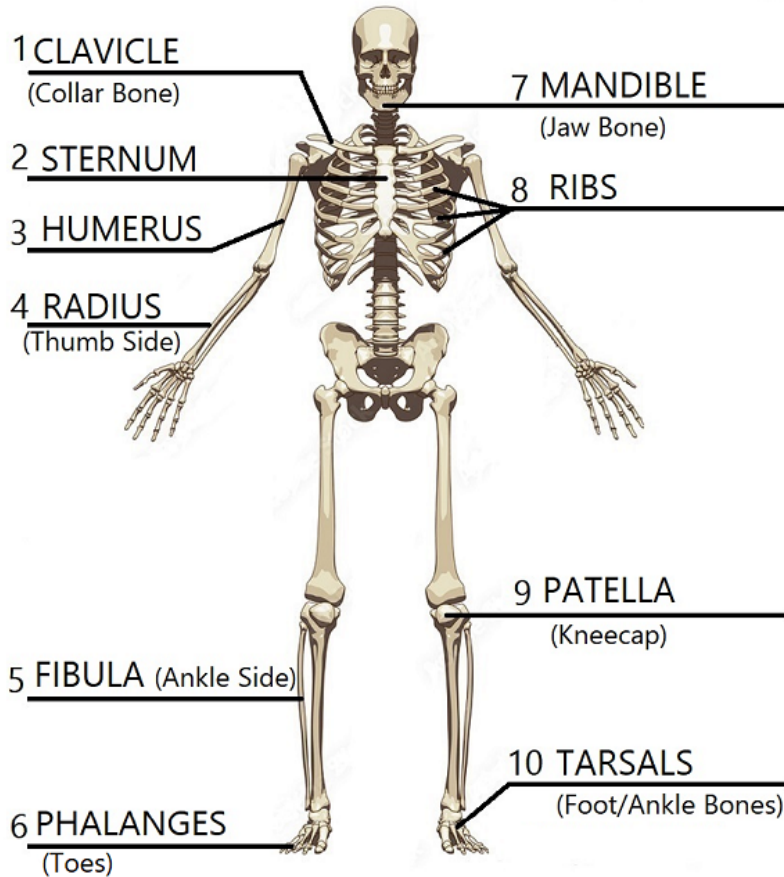


Bone Unit Study Guide

5th Grade Physical Education

Quiz Date _____

Study the diagrams below to help in answering the diagrams on the back side of the page.
(The numbers on the front will match the correct answers on the back side of the page.)



Know the following information discussed in class:

1. Bones function as a protective support structure for the body.
2. Osteoporosis is a disease that generally affects people as they get older, and can cause bones to become fragile, which may result in them breaking easily.
3. Exercise helps to build bone density making them less likely to be broken.
4. Calcium helps to build strong bones.

Fill in the blanks using the word bank below. The bones listed in the columns above the front side of the skeleton will only be used on the front side. The bones listed in the columns above the back side of the skeleton will only be used on the back side.

Clavicle
Fibula
Humerus
Mandible
Patella
Phalanges
Radius
Ribs
Sternum
Tarsals

Carpals
Femur
Pelvis
Phalanges
Scapula
Skull
Tibia
Ulna
Vertebrae

