

# Minooka Intermediate Physical Education Rules

1. Be respectful of your teacher, your classmates, and yourself.
2. When the teacher is talking, students are to remain quiet and listen.
3. No gum, food, or drinks allowed in the gym or locker rooms.
4. Students must wear the required PE dress code, athletic socks, and tennis shoes traditionally tied.

## Physical Education Procedures

### Coming to class:

Students enter the locker room through the hallway doors. They will have 5 minutes to get dressed into their PE uniform and line up by the door that goes to the gym. They will wait there to be dismissed to the gym where they will line up in their attendance rows and wait for their teacher to take attendance and give them further instruction.

### Leaving class:

Students are dismissed into the locker room. They immediately get dressed. When finished they will line up by the door to the hallway and wait for the bell to be dismissed.

### Grading:

**Personal and Social Responsibility – 60%**

**Cognitive/Physical Skill – 40%**

## Personal and Social Responsibility

60% of your grade is based on the following aspects:

- **On Task**
    - On time
    - Listen while teacher or classmates speak
  - **Positive Attitude**
    - Three fingers of respect: self, others, equipment
    - Appreciate value in activity
  - **Sportsmanship**
    - Demonstrate self-control
    - Calmly resolve conflicts
    - Cooperate and accept all abilities
  - **Safety**
    - Equipment is used for intended purpose
    - Consider safety of others before using equipment
    - Respect environment (gym, fields, equipment being used)
    - Respect personal space and space of others
  - **Active Participation**
    - Willingly and actively participate to the best of your ability
    - Self-directed participation
- Follow directions
  - Wearing appropriate clothing
  - Encourage and support others
  - Demonstrate ethical behavior
  - Use of appropriate language
  - Follow rules of activity

## Cognitive/Physical Skills

40% of your grade is based on the following aspects:

- In-class work, tests, quizzes
  - o **Study guides will be handed out and are available on the MIS PE website**  
**<https://misp.e>**
- Sports skills test

# Minooka Intermediate

Dear Parents/Guardians,

The Physical Education Department has incorporated the following dress requirements into the class expectations. These requirements were explained to each physical education student during the first week of the school year.

## Physical Education Dress Requirements

- Students must wear a clean set of athletic shorts and shirts or a Minooka PE shirt and shorts and tennis shoes.
- A student (excluding a student who has a medical excuse not to dress) who is not wearing the mandatory clothing items is considered a non-dress for that class period.
- No rental clothing will be issued.
- No lending and/or borrowing of clothes will be allowed and will be considered a non-dress day.
- No jewelry of any kind will be allowed in PE due to safety concerns.
  - If your child has a new piercing they are required to wear a band aid/medical tape over the front and back of the piercing. Covering the piercing must continue until the piercing can be removed for PE or 6 weeks from the date of piercing, whichever occurs first.
- Sweat clothes (sweatshirt and sweatpants) are ok to wear.
- Tuck in t-shirt to bottoms to allow for maximum movement in activity.

Sincerely,

Mr. Hasler

Mr. Greene

Mrs. Rudnicky

Mrs. Gustafson

Mrs. Grandon

Mr. Wolfe